

CURRICULUM VITAE
AGOHA BENEDICT CHICO EMERENWA

BIODATA

Former Names: Okoronta, Benedict C.E.
Sex: Male
Town: Amakohia-Ubi
LGA Owerri-West
State Imo
Nationality: Nigerian
Marital Status: Married
Religion: Christianity
Number of children: Four
Current Employer: Covenant University Ota, Ogun State
Telephone +2348023213131
Email bencagoa@yahoo.co.uk
Date of Last Promotion 2015

EDUCATION & PROFESSIONAL TRAINING

- **University of Nigeria Nsukka**
 1. Ph.D., Clinical Psychology.
 2. M.SC., Clinical Psychology
 3. B.Sc. Psychology(Second-Upper Honours)

Continuing Education Institutes & Certificates (Online)

- **Digital Bridge Institute Abuja Nigeria (2018)**
 1. Certificate in Data Analysis using SPSS
- **Microsoft Middle East and Africa Academy (2017)**
 1. Data mining/Predictive Analytic Modeling (Mastery Award certification)
- **University of Maryland**
 2. Gene and the Human Condition (From behavior to Biotechnology)
January, 2014
- **The Ohio State University**
 1. Generation Rx: The Science behind Prescription Drug Abuse,2013
- **University of California, Irvine**
 1. Foundations of Virtual Instruction, 2013
- **Behavioural Medicine Research & Training Foundation**
6576 Blue Mountain Road, Port Angeles, Washington 98362.
 1. Certificate in Anatomy & Physiology for Behavioural Clinicians (2012)
 2. Certificate in Applied Psychophysiology & General Biofeedback (2011)
- **National Institutes of Health (NIH), 9000 Rockville Pike, Bethesda, Maryland 20892**

1. **Certificate**, “Protecting Human Research Participants” (Ethics in Research) (2010)
Certification Number: 671116.

Teaching Experience

1. **2008-** Covenant University
Rank Held: Lecturer 1
2. **2006-2005** Psychiatric Residency Programme, Federal Neuropsychiatric Hospital
Enugu
3. **2005-2006** Madonna University Okija, Anambra State

Selected Membership of University Committees

1. College chaplaincy
2. Student disciplinary committee
3. College Curriculum/ committee
4. Central/College equipment committee
5. Community Development Impact Initiative
6. Road Safety Committee
7. Disease control Committee

Some courses taught

1. Psy 412 Psychopharmacology
2. Psy 851- Physiological psychology
3. psy 852- Clinical neuropsychology
4. Psychotherapy
5. Clinical Neuropsychology
6. Applied Behaviour Analysis
7. Psy 411- Clinical Psychology
8. Psy 311- Abnormal Psychology
9. Psy 313- Cognitive Psychology
10. Psy 316- Sensory Processes
11. Psy 323-Substance abuse
12. Psy328-Psychobiological studies of behaviour
13. GST 221-Peace &Conflict studies
14. HMD 411 Human Development

Special Skills Training

1. Psychological assessment, psychotherapy, clinical forensic psychology
2. Biofeedback & Behavioural Medicine
3. Socio-economic and Psycho-Medical Research

Clinical Experience

1. **2009-** Coordinator, Psychology Clinic, Covenant University Ota
2. **2009-** Clinical Psychologist, Life Recovery Programme (Onesimus Project) Kirikiri Medium Security Prisons Lagos, Nigeria.
3. **2006-2008:** Principal Psychologist I/Head, Department of Psychology, Federal Neuropsychiatric Hospital Enugu
4. **2006:** General Hospital Onitsha (Medical Internship):
5. **2002-2005:** Private Practice
6. **2000:** Intern Psychologist, 68Nigerian Army Reference Hospital Yaba, Lagos.

Some Publications

1. **Agoha** Benedict Chico , Omanogo,S. O, Akindele Z. A, Ogir, S. O. (2020). Effectiveness of behavioural therapy on the blood pressure of adults with hypertension: A systematic review in non-african populations
2. **Agoha, B.C.** & Ilobi, U. (2010). Stressful life events and Somatic Complaints in a Nigerian Adult Sample. *Nigerian Journal of Psychological Research*, 10, 46-57.
3. **Agoha, B.C.** (2009). Epilepsy and its psychological management. *Nigerian Clinical Psychologist*, 4, 36-46.
4. **Agoha, B.C.** (2013). Psychological Dimensions of Conflict. In K. Shoremekun., S. F. Folarin, D.E. Gberevbie., S. Folarin., & M. Duruji (Eds). *Handbook of Conflict and Conflict Management*. PP. 62-83. Nigeria: HakoladPrints/Prokonnct Ltd.
5. **Agoha, B.C.E** (2018). *Psychopathology*. In Alao, A.A., Adekeye, O. A., & Adejumo, G.O. (Eds). *Handbook of Psychology* (In Press).
6. **Agoha, B.C.E.** (2009). *Nigeria: Healing the Nation*: In A. Awaritefe (Ed). *Towards a Sane Society*. Benin City: Roma Publications.
7. **Agoha, B.C.E;** Oguizu, J. O., Urieto, E.A. (2010). Gene-Environment Interaction in a changing world: Implications for Clinical Psychology Practice. *Nigerian Journal of Clinical Psychology*, 8, (1-2), 1-9.
8. Ebigo, P.O., Ezenwa, M; **Agoha, B.C.**, & John E. E. (2010). *Value System and the Health of Nation*. Enugu: Immaculate Publications Limited
9. Idoko, J.O., **Agoha, B.C.E.**, Muiyiwa, A.S. and Oyeyemi, A.A. (2015). Stress and its management. *Open Access Library Journal*, 2:e1940. <http://dx.doi.org/10.4236/oalib.1101940>
10. Idoko, J.O., Sholarin, M. A., & Agoha, B.C.E. (2015). The effect of alcohol consumption on the academic performance of undergraduate students. *Psychology and Behavioral Sciences*, 4 (4). pp. 147-153. doi: 10.11648/j.pbs.20150404.12
11. Idoko, J.O., Sholarin, M.A. & **Agoha, B.** (2015). Age, Gender and family factors on sexual attitude and behaviour of university undergraduates. *Research on Humanities and Social Sciences*, 5, 6, 130-139.
12. Igbokwe David O., Adeusi S. O., Elegbeleye, A. & Agoha, B. C. E. (2015). Harmony-Disharmony Scale: Development and initial factorial validation. *Covenant International Journal of Psychology*. 1, (1), 34-49.
13. Igbokwe, D.O; Agoha, B.C; Akomolafe, A.C; & Manickam, L.S.S. (2012). Assimilative Integration of Gestalt Therapy in the Treatment of Pentazocine Drug Dependence: A case report. *Indian Journal of Clinical Psychology*, 39, 1, 75-80.
14. **Agoha, B.C.** & Ilobi, U. (2010). Stressful life events and Somatic Complaints in a Nigerian Adult Sample. *Nigerian Journal of Psychological Research*, 10, 46-57.

15. **Agoha, B.C.** (2009). Epilepsy and its psychological management. *Nigerian Clinical Psychologist*, 4, 36-46.
16. **Agoha, B.C.** (2013). Psychological Dimensions of Conflict. In K. Shoremekun., S. F. Folarin, D.E. Gberevbie., S. Folarin., & M. Duruji (Eds). *Handbook of Conflict and Conflict Management*. PP. 62-83. Nigeria: HakoladPrints/Prokonnnect Ltd.
17. **Agoha, B.C.E** (2018). *Psychopathology*. In Alao, A.A., Adekeye, O. A., & Adejumo, G.O. (Eds). *Handbook of Psychology* (In Press).
18. **Agoha, B.C.E.** (2009). *Nigeria: Healing the Nation:* In A. Awaritefe (Ed). *Towards a Sane Society*. Benin City: Roma Publications.
19. **Agoha, B.C.E;** Oguizu, J. O., Urieto, E.A. (2010). Gene-Environment Interaction in a changing world: Implications for Clinical Psychology Practice. *Nigerian Journal of Clinical Psychology*, 8, (1-2), 1-9.
20. Ebigo, P.O., Ezenwa, M; **Agoha, B.C**, & John E. E. (2010). *Value System and the Health of Nation*. Enugu: Immaculate Publications Limited
21. Idoko, J.O., **Agoha, B.C.E.**, Muyiwa, A.S. and Oyeyemi, A.A. (2015). Stress and its management. *Open Access Library Journal*, 2:e1940. [http://dx.doi.org/ 10.4236 /oalib. 1101940](http://dx.doi.org/10.4236/oalib.1101940)
22. Idoko, J.O., Sholarin, M. A., & Agoha, B.C.E. (2015). The effect of alcohol consumption on the academic performance of undergraduate students. *Psychology and Behavioral Sciences*, 4 (4). pp. 147-153. doi: 10.11648/j.pbs.20150404.12
23. Idoko, J.O., Sholarin, M.A. & **Agoha, B.** (2015). Age, Gender and family factors on sexual attitude and behaviour of university undergraduates. *Research on Humanities and Social Sciences*, 5, 6, 130-139.
24. Igbokwe David O., Adeusi S. O., Elegbeleye, A. & Agoha, B. C. E. (2015). Harmony-Disharmony Scale: Development and initial factorial validation. *Covenant International Journal of Psychology*. 1, (1), 34-49.
25. Igbokwe, D.O; Agoha, B.C; Akomolafe, A.C; & Manickam, L.S.S. (2012). Assimilative Integration of Gestalt Therapy in the Treatment of Pentazocine Drug Dependence: A case report. *Indian Journal of Clinical Psychology*, 39, 1, 75-80.
26. Olayinka M.O; *Okoronta, B.C; & Okulate, G.T. (2003). Post-traumatic stress disorder in a prisoner of war camp Survivor: Diagnosis and treatment. *Nigerian Journal of Psychiatry*, II, 11.
27. Sholarin, M. A. and Wogu, I. A., Omole, F., & **Agoha, B.** (2015). Man is the measure of all things: A critical analysis of the sophist conception of man. *Research on Humanities and Social Sciences*, Vol.5, No.4, 178-184.
28. Wogu, I. A. P; **Agoha, B.**, Sholarin, M. A.; Oyeyemi, A; Evbuoma, K. I. (2015). The conscious being & the problem of consciousness: Implications for theory and practice for 21st century researchers. *Discovery Science*, 11 (23), 1-7.

29. **Agoha B.C.E.**, Abengowe M.U., & Igbokwe D.O. (2018). Sleep Pattern and Academic Performance of Undergraduate Students. *Covenant International Journal of Psychology (CIJP)*, 3 (No. 1).
30. **Agoha, B.C.E.** (2010). *Dependency Culture in Nigeria: Implications for National Development*. In P.O Ebigbo., M. Ezenwa, B.C Agoha, & Eze J. E. (Eds). *Value System and the Health of Nation* P. 91-99. Enugu: Immaculate Publications Ltd.
31. Igbokwe. D., Ola, B.A., Odebunmi, A., Gesinde, M.A., & **Agoha, B.C.E.** (2016). Sleep disorders among Adolescents in Nigeria: The development of an assessment instrument (Sleep Disorders in Nigeria Questionnaire [SDINQ]). *European Psychiatry*, 33 (suppl), pg. S267.
32. Wogu, I. A. P; **Agoha, B.**, Sholarin, M. A.; Olu-Owolabi, F. E., Omotayo, A; **Agoha, B. E.**, & Elegbeleye, A. (2015). Political behavior and party politics in a democracy: A comparative analysis of Ghana and Nigeria. *Wulfenia journal*, 22, 3, 549-
33. Wogu, I.A.P., Olu-Owolabi, F.E., Assibong, P.A., Agoha, B.C...& Apeh, H.A. (2017). Artificial Intelligence, alienation and ontological problems of other minds: A critical investigation into the future of man and machines. *Proceedings of the IEEE International Conference on Computing, Networking and Informatics, ICCNI 2017. ISSN: 9781509046423. DOI: 10.1109/ ICCNI.2017.8123792.*
34. Enefazu-Ossai E. I., Gesinde, A.M., Adejumo G.O., Adeusi, S.O. & **Agoha B. C. E.** (2017). Counselling services and social homes as remediators to challenges of persons with disabilities in Nigeria. *Covenant International Journal of Psychology (CIJP)*, Vol.2, (No.1), 48-61.
35. Olowookere, E. I., Adekeye, O. A., Gbadebo, A. O., **Agoha, B. C.**, & Sholarin, M. A. (2016). Influence of religiosity on turnover intention: Empirical evidence from selected employees in Lagos and Ogun States. *Ife Psychologia*, 24, 2, 132-138.
36. Wogu, I. A. P., Misra, S., Udoh, O.D., Agoha, B. C., Sholarin, M.A., & Ahuja, R (2018). Artificial intelligence politicking and human right violations in UK's democracy: A critical appraisal of the Brexit referendum. NGCT-2018. [Accepted]
37. Adekeye, O. A., **Agoha, B. C.**, Adeusi, S. O...& Sholarin, M. A. (2017). Assessment of health-related locus of control among undergraduate's substance users and non-users. *IOSR Journal of Humanities and Social Science (IOSR-JHSS)*. 22(3: IV), 14-20.
38. Idoko, J.O., Evbuoma, K.I. & **Agoha, B.** & Oyeyemi, K. (2016). Psychosocial and demographic factors as predictors of attitude towards mental illness by caregivers in federal neuropsychiatric hospital Aro Abeokuta. *Rehabilitation Sciences*, 1(1): 1-8. doi: 10.11648/j.rs.20160101.11.
39. Igbokwe, D. O., Oyewole, F.O., Prekake, T. S. & **Agoha, B.C.E.** & Agbu, J. (2017). Factor structure, reliability, and validity of two statistical anxiety measures in a sample of Nigerian Psychology Undergraduates *Nigerian Psychological Research*, 5, 663 - 681.
40. Wogu I.A.P.; Olukotun, A., Folarin, S., Olu-Owolabi, F. E....& **Agoha, B.C.E.** (2017). Philosopher-Kings in Post-independent Africa: Myth or Reality! *International Journal of Interdisciplinary and Multidisciplinary Studies (IJIMS)*, Vol 4, No.3, 37-48. http://www.ijims.com/uploads/4b3f6c8d4d3792550_337wogupower.pdf.

41. Igbokwe, D.O., Agbu, J. O., Adekeye, O. A., Adeusi, S.O., Obidiran, O. D., Yabilsu, S. J., Akindele, Z. A., **Agoha, B.C.E.**, & Ndom, R. J. E. (2016). Revalidation of some measures of Psychological Wellbeing using a cross-section of Nigerian adults. *Nigerian Psychological Research, 4*, 572 - 593.

Book

1. P.O Ebigbo., M. Ezenwa, B.C Agoha, & Eze J. E. (Eds). (2010). Value System and the Health of Nation. P. 91- 99. Enugu: Immaculate Publications Ltd.

Book Chapter

1. **Agoha, B.C.E.** (2010). *Dependency Culture in Nigeria: Implications for National Development*. In P.O Ebigbo., M. Ezenwa, B.C Agoha, & Eze J. E. (Eds). Value System and the Health of Nation P. 91-99. Enugu: Immaculate Publications Ltd.

International Conferences

1. **Agoha, B. C.**, Olujide, A. A., Abengowe, M.U., & Igbokwe, D.O. (2016). Effect of sleep pattern on the academic Performance of undergraduate students. *Proceedings of ICERI Conference 14th-16th November 2016, Seville, Spain*.
2. **Agoha, B.C.E.**, Kayode, O.P.....Omonhinmin, C. (2018). *Behaviour and Diseases: The Role of Epigenetics*. Abstracts of *the International Conference of Biotechnology Society of Nigeria* (NO. 143).
3. Adekeye, O.A., Adeusi, S.O., **Agoha, B. C.**, Elegbeleye, A. O., & Ahmadu, F. (2016). Psychosocial factors influencing conformity among university students 2nd Annual International Conference on Education 42nd Annual Alcohol Epidemiology Symposium: Stockholm University, Sweden. 30th May to 3rd June, 2016
4. Adekeye, O. A., **Agoha, B.C.**, Adeusi, S.O. (2016). Effect of exposure to television commercials on the body image and self-esteem of female adolescents. *Proceedings of ICERI Conference 14th-16th November 2016, Seville, Spain*.
5. Adekeye, O. A., Amos A. A., Olufunke, C., Adeusi, S.O., **Agoha, B.C.**, Igbokwe, D.O., Ahmadu, F., & Moneke N. E. (2016). Bullying behaviour among high school students: analysis of prevalence and gender differences. *Proceedings of ICERI Conference 14th-16th November 2016, Seville, Spain*.
6. Wogu, I.A.P., Olu-Owolabi, F.E., Assibong, P.A., Agoha, B.C...& Apeh, H.A. (2017). Artificial Intelligence, alienation and ontological problems of other minds: A critical investigation into the future of man and machines. *Proceedings of the IEEE International Conference on Computing, Networking and Informatics, ICCNI 2017. ISSN: 9781509046423. DOI: 10.1109/ ICCNI.2017.8123792*.
7. Adekeye, O. A., Igbokwe, D.O., Akindele, O.A., Agoha, B.C.E... (2016) Gender differences in terrorism inclination and self-esteem level of secondary school students in Nigeria. *Proceedings of ICERI Conference 14th-16th November 2016, Seville, Spain*.
8. Adekeye, O.A., Adeusi, S.O., **Agoha, B. C.**, Elegbeleye, A. O., & Ahmadu, F. (2016). Psychosocial factors influencing conformity among university students 2nd Annual International Conference on Education 42nd Annual Alcohol Epidemiology Symposium: Stockholm University, Sweden. 30th May to 3rd June, 2016
9. Adekeye, O. A., **Agoha, B.C.**, Adeusi, S.O. (2016). Effect of exposure to television commercials on the body image and self-esteem of female adolescents. *Proceedings of ICERI Conference 14th-16th*

November 2016, Seville, Spain.

10. Adekeye, O. A., Amos A. A., Olufunke, C., Adeusi, S.O., **Agoha, B.C.**, Igbokwe, D.O., Ahmadu, F., & Moneke N. E. (2016). Bullying behaviour among high school students: analysis of prevalence and gender differences. *Proceedings of ICERI Conference 14th-16th November 2016, Seville, Spain.*
11. Ologun S.A., **Agoha, B.C.E.**... (2017). *Some Psychosocial Predictors of Anger in School Children.* Proceedings of ICERI Conference 14th-16th November 2017, Seville, Spain.

Local Conferences

1. **Agoha, B.C.E.**, Tofunmi, Laleye; Adeusi, S., Igbokwe, D.O; & Idoko, J.O. (2017). *Coping and Psychopathology in Internally Displaced Persons.* A paper presented at the Annual Scientific Congress of the Nigerian Psychological Association, Abuja: November 2017.
2. **Agoha, B.C.E.**, Adekeye O.A., Igbokwe, D.O., Agoha, U.S., & Wogu, I.A.P. (2017). Cultural identity, political stability, and national development: A revisit to Biafranism? A paper presented at the 50th Anniversary of the Department of psychology, University of Ibadan.
3. Dike-Israel, N., Igbokwe, O. D.and **Agoha, B. C. E.** (2017). Sleep locus of control differences in undergraduates sleep believers and quality.
4. Olowookere, E. I., Adekeye, O. A., Gbadebo, A. O., Agoha, B. C., & Sholarin, M. A. (2016). Influence of religiosity on turnover intention: Empirical evidence from selected employees in Lagos and Ogun States. A paper presented at the National conference of the Nigerian Psychological Association in Awka, Anambra State.

Thesis and Dissertations

1. **Ph.D.** Personality, Body Mass Index as Predictors of Hemodynamic Reactivity and Recovery in Cold Pressor Task
2. **M.Sc.** Personality and Cardiovascular Reactivity is Stress and Non-Stress Conditions
42. **B.Sc (Hons).** The Influence

Sample B.Sc Theses Supervised

1. **Abengowe, M.U.** (2015). Sleep pattern on the academic performance of university students.
2. **Abraham, P.O.** (2014). Psychopathological correlates of internet addiction.
Chukwuekem C. (2012). Personality and physical activity level as factors in hypertension among ambulatory Patients.
3. **Egbagbe, A.N.** (2010). The effect of classical music background on the drawing ability of children with Down's syndrome.
4. **Kolawole, T.** (2011). Quality of life among clinically diagnosed Patients with epilepsy in an out-patient clinic in Ogun State.
5. **Oyigah, S.T.** (2014). Personality and working condition as predictors of job stress in the petroleum industry.

- **Professional Affiliations**

1. Nigerian Association of Clinical Psychologists [License NO. 000052]
2. Nigerian Psychological Association

Agoha, Benedict Chico Emerenwa, Ph.D.

3. Biofeedback International Certification Alliance
4. International Association of Applied Psychophysiology & Biofeedback
5. International Hemodynamic Society

Peer Recognition

- **Editorship/Reviewer of Journals**

1. Psychological Reports
2. ITU journals.
3. International Journal of Social Science Studies (ISSN: 2324-8033; E-ISSN: 2324-8041)
4. Reviewer, Nigerian Journal of Psychological Research. 2010-Date.
5. Reviewer, Nigerian Journal of Clinical Psychologists (Published by Nigerian Association of Clinical Psychologists)

Referees

1. Prof. P.E. Ebigbo, International Federation for Psychotherapy Uwani, Enugu.
2. Dr. O. A. Adekeye, Department of psychology, Covenant University Ota.
3. Prof. P. Ibeagha, Department of Psychology, U.N.N.